

## Cheri A. Levinson

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<b>EDUCATION</b>	<b>Doctorate of Philosophy (Ph.D.), Clinical Science</b> <b>Washington University in St. Louis, St. Louis, MO</b>	<i>Expected:</i> <i>August 2014</i>
	<b>Masters of Art (M.A.), Clinical Science</b> <b>Washington University in St. Louis, St. Louis, MO</b> <ul style="list-style-type: none"><li>• Thesis: "Self-Discrepancy and Regulatory Focus Theory: Acculturation Matters"</li></ul>	<i>Received:</i> <i>December 2010</i>
	<b>University of Kentucky, Lexington KY</b> <b>University of Kentucky Honors Program</b> <ul style="list-style-type: none"><li>• Psychology, <b>Bachelor of Arts</b></li><li>• History, <b>Bachelor of Arts</b></li><li>• Piano Performance, minor</li><li>• <b>Cumulative Grade Point Average: 4.0</b></li></ul>	<i>Received:</i> <i>December 2007</i>

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<b>GRANTS</b>	National Research Service Award, National Institute of Mental Health, F31-MH096433-01. <b>Shared Vulnerabilities of Social Anxiety and Eating Disorders.</b> Awarded with a Priority Score of 20 (19 percentile). Direct Costs: \$125,400; 2011-2014 <ul style="list-style-type: none"><li>• Co-Sponsors: Dr. Thomas Rodebaugh, Ph.D. &amp; Dr. Eric Lenze, M.D.</li><li>• Consultants: Dr. Denise Wilfley, Ph.D., Dr. Greg Smith, Ph.D., &amp; Dr. Elliott Nelson, M.D.</li></ul> <p>American Psychological Association Basic Psychological Science Research Grant (submitted May 2011). <b>Social Evaluation Fears and Eating Behaviors.</b></p> <ul style="list-style-type: none"><li>• Awarded Honorable Mention &amp; invited to re-submit (scored in top 10 %)</li></ul>
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<b>PUBLICATIONS</b>	<b>Levinson, C. A., Rodebaugh, T. L.</b> (in press). Social anxiety and eating disorders: The role of negative social evaluation fears. <i>Eating Behaviors</i> . <b>Levinson, C. A., Rodebaugh, T. L.</b> (in press). Anxiety, self-discrepancy, and regulatory focus theory: Acculturation matters. <i>Anxiety, Stress, and Coping</i> . <b>Levinson, C.A., Rodebaugh, T. L.</b> (2011). Validation of the Social Appearance Anxiety Scale: Factor, convergent, and divergent validity. <i>Assessment, 18</i> , 350-356. <b>Levinson, C. A., Langer, J. K., Rodebaugh, T. L.</b> (2011). Social anxiety and self-construal: Considering personality. <i>Personality and Individual Differences, 51</i> , 355-359. <b>Levinson, C. A., Rodebaugh, T. L., Frye, T.</b> (2011). An examination of the
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factor structure, convergent, and discriminant validity of the Behavioral Inhibition and Behavioral Activation System Scales. *Journal of Psychopathology and Behavioral Assessment*, 33, 87-100.

- Levinson, C. A., & Giancola, P. R., Parrott, D. J.** (2011). Beliefs about aggression moderate alcohol's effects on aggression. *Experimental and Clinical Psychopharmacology*, 19, 64-74.
- Giancola, P. R., **Levinson, C. A.** Corman, M. D., Godlaski, A. J., Morris, D. H., Phillips, J. P., Holt, J. C. (2009). Men and women, alcohol and aggression. *Experimental and Clinical Psychopharmacology*, 17, 154-164.
- Pearson, C. M., Zapolksi, T. B., **Levinson, C. A.**, Woods, A. & Smith, G.T. (under review). Defining beauty: Cultural variations in the pursuit of attractiveness and associated harms.
- Levinson, C. A.**, Balsis, S., Rodebaugh, T. L., Brown, P. J., Heimberg, R.G., Lenze, E. J. (under review). The items of the Penn State Worry Questionnaire function differently in older adults.
- Rodebaugh, T. L., Fernandez, K.C., **Levinson, C. A.** (under review). Testing the effects of Social Anxiety Disorder on friendship across gender and ethnicity.
- Levinson, C.A.**, Rodebaugh, T. L., Bertelson, A.D. (under review). Prolonged Exposure Therapy following awareness under anesthesia: A case study.
- Levinson, C.A.**, Johnson, S. B., Rodebaugh, T. L. (under review). Talking about ethnic identity decreases anxiety.
- Levinson, C. A.**, Fernandez, K.C., Rodebaugh, T. L. (under review). Profiling: Predicting social anxiety from Facebook profiles.
- Levinson, C. A.**, Rodebaugh, T. L., Smith G. T., Zapolski, T. B., Woods, A. (in preparation). Ethnic identity: What is it and what are we measuring?
- Rodebaugh, T. L., **Levinson, C. A.**, Fernandez, K.C., Shumaker, E.A. (in preparation). The Core Extrusion Schema Scale.
- Levinson, C.A.**, Rodebaugh, T. L., Menatti, A., Weeks, J.W., (in preparation). Development and validation of the Social Exercise Self-Efficacy Measure.
- Levinson, C. A.**, Fernandez, K.C., Rodebaugh, T. L., Menatti, A. R., Weeks, J. W. (in preparation). The Internet and Facebook Usage Questionnaire.

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**CHAIRED  
SYMPOSIA**

- Levinson, C. A.** (November, 2011). *Comorbid Anxiety and Disordered Eating: Research Findings and Implications for Treatment*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Levinson, C. A.**, Fernandez, K. C. (November, 2011). *Embracing the Digital Age: Methodological Innovations in the Study of Social Anxiety*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

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**PROFFESIONAL  
TALKS AND  
SYMPOSIUM  
PRESENTATIONS**

**Levinson, C. A.,** Rodebaugh, T. L. (November, 2011). *The Role of Fear of Negative Evaluation and Social Appearance Anxiety in Social Anxiety and Disordered Eating Comorbidity*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

**Levinson, C. A.,** Fernandez, K. C., Rodebaugh, T. L. (November, 2011). *Profiling: Predicting Social Anxiety Using Facebook Profiles*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Menatti, A. R., **Levinson, C.A.** McGowan, M., Weeks, J.W. (November, 2011). *Exploring the Relationship between Social anxiety and Bulimic Symptoms: Mediation Effects of Perfectionism Among Females*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

**Levinson, C. A.,** (January, 2011). *Post-traumatic Stress Disorder from Awareness During Surgery*. Case Conference talk given at Washington University Clinical Science Seminar, St. Louis, MO.

**Levinson, C. A.,** (September, 2010). *Self-Discrepancy and Regulatory Focus Theory: Acculturation Matters*. Master's talk given at Washington University Clinical Science Seminar, St. Louis, MO.

**Levinson, C. A.,** Fernandez, K. M., (April 2010). *Social Anxiety and Online Social Networking: A Closer Look at Facebook*. Research talk given at Washington University Clinical Science Seminar, St. Louis, MO.

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**PRESENTATIONS  
AT NATIONAL  
CONFERENCES**

**Levinson, C. A.,** Rodebaugh, T. L. (November 2011). Social Appearance Anxiety, Fear of Negative Evaluation, and Health: The Relationship with Obesity and Body Image. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

**Levinson, C. A.,** Rodebaugh, T. L., Menatti, A., Weeks, J.W. (November 2011). Development and Validation of the Social Exercise Self-efficacy Measure: Assessing Fears of Social Exercise. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

**Levinson, C. A.,** Johnson, S. B., Rodebaugh, T. L. (November, 2011). Talking about Ethnic Identity Decreases State Anxiety. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

**Levinson, C. A.,** Balsis, S., Rodebaugh, T. L., Brown, P. J., Heimberg, R. G., Lenze, E. J. (November, 2011). The items of the Penn State Worry Questionnaire Function Differently in Older Adults. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

**Levinson, C. A.,** Langer, J. K., Rodebaugh, T. L., (November 2011). Peer Victimization: A Risk Factor for Social Anxiety in Young Adults? Association for Behavioral and Cognitive Therapies. Toronto: Canada.

Fernandez, K. C., **Levinson, C. A.,** Rodebaugh, T. L. Menatti, A., Weeks, J. W., (November 2011). Social Anxiety, Internet Use, and Facebook. Association for Behavioral and Cognitive Therapies.

Toronto: Canada.

- Levinson, C. A.,** Fernandez, K. C., Rodebaugh, T. L. (April 2011). Social Appearance Anxiety Mediates and Moderates the Relationship Between Loneliness and Eating Dysfunction. International Conference on Eating Disorders, Miami: FL.
- Levinson, C. A.,** Rodebaugh, T. L. (November 2010). Social Anxiety and Body Image Disorders: What Role Does Social Appearance Anxiety Play? Association for Behavioral and Cognitive Therapies, San Francisco: CA.
- Levinson, C.A.,** Rodebaugh, T. L. (November 2010). The Social Appearance Anxiety Scale: A Valid Measure of Social Appearance Anxiety. Association for Behavioral and Cognitive Therapies, San Francisco: CA.
- Levinson, C. A.,** Rodebaugh, T. L. (November, 2010). Independent/ Interdependent Self-Construal, Collectivism, and Individualism: What do these Cultural Variables mean for Psychopathology? Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Levinson, C.A.,** Rodebaugh, T. L. (November, 2010). Ought, Ideal, and Undesired Self-Discrepancies: Are there Ethnic Differences? Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Levinson, C.A.,** Langer, J.K., Rodebaugh, T. L. (November, 2010). The Relationship between Self-Construal and Social Anxiety: Mediated and Moderated by Personality. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Levinson, C. A.,** Rodebaugh, T. L., Fernandez, K. (November, 2009). Ethnic Identity: Protective Factor for Internalizing Disorders? Association for Behavioral and Cognitive Therapies, New York: NY.
- Levinson, C. A.,** Rodebaugh, T. L., Fernandez, K. (November, 2009). Gender Differences in the Social Appearance Anxiety Scale. Association for Behavioral and Cognitive Therapies, New York: NY.
- Shumaker, E. A., Rodebaugh, T. L., **Levinson, C. A.** (November 2009). Psychological Functioning Across the First Semester of College. Association for Behavioral and Cognitive Therapies, New York: NY.
- Levinson, C. A.,** Rodebaugh, T. L., Frye, T. (May, 2009). The Behavioral Inhibition and Activation System Scales: Convergent and Discriminant Validity. Association for Psychological Sciences, San Francisco, CA.
- Levinson, C. A.,** Smith, G.T. (May, 2008). Culturally Specific Standards of Beauty: Appearance Dissatisfaction in Japanese and Caucasian Women. National Conference of Undergraduate Research, Salisbury, MD.

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**TEACHING  
EXPERIENCE**

**Professor** (Summer 2011). Abnormal Psychology

- Washington University: University College

**Introduction to Biological Psychology** (Fall 2011). Teaching Assistant

**Statistics** (Fall 2009). Teaching Assistant

- I taught review sessions, constructed exam questions, and gave a lecture on correlation.

**Introduction to Social Psychology** (Spring 2009). Teaching Assistant

- I constructed exam questions and held office hours to answer student questions.

**Washington University Practicum in Teaching** (Summer 2009)

**APL Discussion Leader** (Fall 2008-current)

- I co-ran a discussion section for undergraduate research assistants in the Anxiety and Psychotherapy Laboratory.

**UK 101 Peer Instructor** (Fall 2005)

- I taught an introductory freshmen class designed for first semester freshmen to learn skills for success in college. I taught classes on topics such as study skills, alcohol education, and how to use the library.

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**UNIVERSITY  
SERVICE**

**APA; Campus Representative;** (July 2009-August 2010)

Graduate Student Senate; **Senator;** (July 2009-August 2010)

Clinical Committee; **Representative;** (August 2009-August 2010)

Peer Mentor for Psychology Graduate Students; (August 2009-May 2011)

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**CLINICAL  
EXPERIENCE**

Washington University Psychological Service Center; **Therapist** (August 2009-current)

The St. Louis Behavioral Medicine Institute; **Anxiety Disorders Therapist** (August 2011-May 2012)

Washington University Psychological Service Center; **Mindfulness Group Leader** (September 2011-November 2011)

Washington University Psychological Service Center; **ADHD Group Leader** (January 2010-June 2010)

Washington University Psychological Service Center; **Clinical Assistant to the Director** (August 2010-August 2011)

Washington University Counseling Center; **Counselor** (August 2010-May 2011)

Empirically Supported Treatments Class, **Student** (Fall 2009)

University of Kentucky Harris Psychology Service Center; **Intern** (Spring 2007)

Bluegrass Rape Crisis Center; **Volunteer** (May 2007-August 2008)

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**PROFESSIONAL  
ACTIVITIES**

American Psychological Association Science Subcommittee, Elected Member (2011-2013)  
Ad Hoc Reviewer (since 2009) *Journal of Psychopathology and Behavioral Assessment*  
Ad Hoc Reviewer (since 2011), *Journal of Studies on Alcohol and Drugs*  
Member (since 2008), Association for Behavioral and Cognitive Therapies  
Member (since 2006), Kentucky Psychological Association  
Member (since 2008), Association for Psychological Sciences  
Member (since 2008), Society for a Science of Clinical Psychology  
Member (since 2008), National Alliance on Mental Illness  
Member (since 2009), American Psychological Association

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**HONORS**

**Washington University Conference Travel Award** (2008, 2009, 2010, 2011)

**Washington University Graduate Fellowship** (2008-2009)

**Phi Beta Kappa**

**2008 James Miller Award**

- This was given for recognition of best undergraduate honors thesis poster presentation at the 2008 University of Kentucky Psychology Honors and Awards Day.

**Holman-Hamilton Fellowship** (Spring 2007)

- I was awarded a semester tuition scholarship for successful academic performance. This award is given to one history major per year and is selected by the history faculty.

**Governor's School for the Arts Full Tuition Scholarship** (2003-2007)

- I was awarded a four-year full tuition scholarship at the University of Kentucky. This was awarded after successful completion of Kentucky's Governor's School for the Arts in the piano concentration and for having high ACT/SAT scores.